# On the rocks - Night rain - BRICK 0.mp4

**Lars (TNT Guide):** [00:00:33] Hey, [00:00:30] guys. Good job. Welcome to camp. Okay. Right there. So if you can hear me say "Yabadabadoo." Right on. We're just gonna load gear and just put it on top of this shelf right here. And we can get a fire line going up this little way right here.

**TNT Guide:** [00:00:54] That sounds good.

**Hikers:** [00:00:55] Okay, that's good. Oh, my God. Right. Really? Oh, [00:01:00] Jesus. That's not heavy. Oh, my God. Super heavy. Yeah. Oh, my gosh. No, really? Like.

**Lindsey:** [00:01:17] Very heavy.

**Matt:** [00:01:20] Oh, my God. I know. Hold the line. Hold the line.

**Lindsey:** [00:01:25] I'm holding the line and it's heavy.

**Hikers:** [00:01:29] You can [00:01:30] make loud noises. Yeah, I want to go.

**Phil's Guide:** [00:01:34] Okay, go right. There's some really cool purple flowers here. Right?

**Phil:** [00:01:45] Which ones? This one?

**Phil's Guide:** [00:01:47] Those ones are yellow? See the little asters?

**Phil:** [00:01:51] These?

**Phil's Guide:** [00:01:52] Right here. These a little aster? Yeah.

**Lars (TNT Guide):** [00:02:04] Find [00:02:00] your spot and start setting your tent up.

**Dana:** [00:02:08] All right, let's go this way.

**Phil's Guide:** [00:02:16] Okay. All right. Beautiful. Okay. You can go ahead and stand up and we'll just you can open up here because we're at top now. So the kitchen's going to be to the left over here...

**Lindsey:** [00:02:59] Like, [00:03:00] Just see it. It makes you feel so big yet so small.

**Roy:** [00:03:14] I know, right. And to be able to come out here and reset yourself and find who you are because you're not the same as you were before.

**Lindsey:** [00:03:23] No.

**Roy:** [00:03:23] You're a whole new you.

**Lindsey:** [00:03:24] You are. It completely changes you and every every molecule and atom of your [00:03:30] body, it completely changes you.

**Roy:** [00:03:32] Yeah.

**Lindsey:** [00:03:33] I've never felt more connected with a group of strangers that can be openly talking about my poop. About, about my scars, about. And honestly, like, I had never I hadn't talked to people about the guy who broke my heart when he found out I had my mastectomy. Like I had never been able to talk to people about that. People would ask me about it and I would make something up.

**Roy:** [00:03:59] Just [00:04:00] it breaks my heart that someone could be so shallow at your most desperate and vulnerable time.

**Lindsey:** [00:04:06] Exactly.

**Roy:** [00:04:08] I couldn't. Without this group, I don't think I would have gotten my life back.

**Lindsey:** [00:04:13] You know, before this trip, I have gotten to a point where I was almost feeling, like, lost again. And to be honest, I don't think I had really found myself after my diagnosis. And I'm coming up on four years this month. Well, this coming month.

**Roy:** [00:04:29] October,

**Lindsey:** [00:04:29] October. [00:04:30]

**Roy:** [00:04:30] Five years.

**Lindsey:** [00:04:34] I see food.

**Lindsey:** [00:04:42] Probably.

**Phil:** [00:04:43] By the fire.

**Lindsey:** [00:04:45] Just trying to build a fire to have when we get done getting our food.

**Hikers:** [00:04:51] It, like walking back and forth. I feel like you should give a class on what that was like to learn. Everything's pretty much like sleeping. You [00:05:00] go first. Go ahead. I'll go first. No, no. Me. I'll go first.

**Dana:** [00:05:08] One of my highlights was the silent float. It's something that I didn't really realize how much I needed that until we were in it, because I kind of expected a lot more of that coming out here, being with nature. And I've been spending so much amazing time connecting with everyone, which has been really, really wonderful. But having that silent time just [00:05:30] was really good for me so.

**Lindsey:** [00:05:33] The one thing I really enjoyed every day that we've been here is the fact that we've all been able to connect on such a deep level as strangers. And we're all getting along like we've known each other forever.

**Phil:** [00:05:50] I really appreciate the fact that I'm starting to be able to open up and connect in a deeper level. [00:06:00] Everybody here, more so today than before. And it has to do with the fact that I have not been able to do and it has to do with a lot of past things that have happened to me in my life. Even amongst cancer, other cancer patients. So I appreciate all of you accepting that and helping me out with that.

**Roy:** [00:06:26] Absolutely.

**Lindsey:** [00:06:27] Yeah, definitely.

**Roy:** [00:06:28] Absolutely.

**Hikers:** [00:06:37] That's [00:06:30] quite impressive. 31 down. That's the best rock we've seen tonight.

**Roy:** [00:06:46] Spartan training starts today. Right on top. Right in there, big boy. Well done, sir.

**Hikers:** [00:06:57] Coming to work today? No problem. Pass [00:07:00] me another rock over there. Are you good? Okay. Okay.

**Roy:** [00:07:14] I'm ready to let go of the fear of leaving my wife and my kids without a father or a husband.

**Dana:** [00:07:29] I'm ready to let go [00:07:30] of guilt of living a life that's different than what I had planned.

**Lindsey:** [00:07:39] I'm going to let go of the anger that I felt towards the people that didn't want to stay to see me live.

**Phil:** [00:07:48] On the topic of leaving it all behind. I'm sick and tired of them telling me I can live with cancer. I've had not [00:08:00] just two different brain tumors, but skin cancer and thyroid cancer. I've been tested for breast cancer as well. I'm tired of having to live life with the whole "Oh, I got to go to another surgery or I got to go to the doctor's appointment." I'm just sick and tired of it. So even if one of my docs was saying, "Hey, you got another brain tumor," I'm going to say, "Go fuck yourself. I'm not doing it. I'm [00:08:30] done. It's over." It's about time that it leaves all that in my past and just be at peace.